

Policies and Rules of Group Fitness

All group fitness participants must acknowledge on his/her registration form that they have read and understand the following:

1. All patrons must complete a *Group Fitness Registration* form at the 4th floor desk or online. Online forms must be printed and turned in by way of hard copy or fax. Fax to:
2. Once registered, a patron may call ahead to reserve a spot in a preferred class. Reservations will only be taken for that day of classes during operational hours.
3. A reservation is only held until 10 minutes prior to the start of the class before it may be forfeited to a walk-in participant if space is limited.
4. After the 10 minute window begins, all spaces are first come first served.
5. No admission cards will be given out after the class has been in session for 10 or more minutes due to safety concerns.
6. Admission cards will be given out up to 30 minutes before the start of class. Call ahead reservations will be guaranteed an admission card. Walk-ins will be given admission cards according to availability. Anyone arriving less than 10 minutes prior to the start of class to pick up an admission card may forfeit his/her spot to a walk-in.
7. Take the admission card to the class instructor and he/she will collect them.
8. NO ONE WILL BE ADMITTED TO A CLASS WITHOUT AN ADMISSION CARD
9. Wait to hear the instructor's directions for equipment set up
10. HAVE FUN!

Do you have any questions??

Please ask a staff person.

PLEASE CHECK THAT YOU HAVE READ THIS ON YOUR *GROUP FITNESS REGISTRATION!*

Thank you.