# UNIVERSITY of MARYLAND, BALTIMORE

# **SAFETY IN THE COMMUNITY**

### "SAFETY BEGINS WITH YOU"

- You are responsible for your own safety.
- General Approach to Safety
  - Reduce opportunities that make you a target.
  - Increase overall awareness of surroundings.
  - Trust your instincts.
  - Prepare your outing with safety in mind.

#### PREPARE BEFORE YOU DEPART

- Dress comfortably, but professionally.
- Think conservative.
  - Avoid wearing excessive jewelry.
  - Avoid wearing expensive jewelry & accessories.
  - Avoid high heels and open-toed shoes.
  - Avoid carrying large handbags/purses.
  - Let someone know where you are going and when you expect to arrive at your destination.

## **COMMUNITY SAFETY TIPS**

- Carry your purse with the clasp-side inward toward your body.
- Carry your wallet in a front or inside pocket, not in a back pocket.
- Carry as little money or valuables as possible.
- Be aware of people arguing or asking for directions as a means to distract you.

# WHEN WALKING

- Use well-lit areas and main streets.
- Avoid alleys and shortcuts.
- Plan your route in advance.
- Travel in groups when possible.
- Walk confidently. Avoid looking like a tourist.
- If you sense you are being followed, head toward a populated area, or step into a UMB building and speak with the security officer.
- Avoid texting & talking on cell phone while walking.
- Don't carry your phone in plain sight and keep it set to silent or vibrate when you are in a public area.

#### WHEN DRIVING

- Plan ahead. Know the route to your destination.
  Have alternate routes in mind.
- Pay attention to your surroundings as you walk to your car.
- Look inside your car before you get in.
- Lock your car doors and keep your windows rolled up.
- Get gas in advance to avoid having to get gas in unfamiliar areas.
- When stopped in traffic maintain distance from the car in front of you so you can easily pass if necessary.
- Keep valuables out of sight. If possible put valuables in the trunk before leaving your home or office.
- Park so you can leave quickly if you have to.
- Scan your surroundings prior to getting out of the car.

#### IF VICTIMIZED

- · Remain calm.
- The most valuable possession you own is your life.
- Stay within yourself.
- Don't escalate the situation.
- Do not try to follow the assailant.
- Call 911.
- Be ready to provide the following information:
  - The nature of the incident.
  - When and where the incident occurred.
  - Number of persons involved
  - Description, including:
    - > Names if known
    - > Sex | Race | Age
    - Approximate height (It helps to use your height as a comparison)
    - > Hair color / style
    - Complexion
    - Distinctive characteristics
       (scars, tattoos, or physical defects)
    - > Clothing (start with the head hat, top, pants, shoes)
    - > Direction and method of travel
    - > Vehicles involved
    - > Description of stolen property

