I’ve talked with you often about UMB’s efforts to serve the communities close to campus and engage with our neighbors in activities that improve health, grow wealth, and advance social justice. Ambition and optimism aside, I generally acknowledge that this work is hard, that decades of disinvestment and neglect have taken their toll on West Baltimore, and that the outcomes we aim for won’t come easily or fast.

There is a way, however, to strengthen our impact and accelerate the pace of change in communities of need. We can join our activities to those undertaken by others and work toward common goals. In so doing, we can multiply the people and resources we dedicate to these goals, deploying more assets than we could plausibly commit on our own.

And so, in September, more than 50 leaders from UMB and the University of Maryland Medical Center (UMMC) came together to draft a joint plan for community engagement. We have no better ally than UMMC. The medical center is our close clinical partner. Our two institutions share a campus and a community. And whatever power our University yields in West Baltimore, it is more than doubled by UMMC. UMB has a $2.8 billion economic impact in Maryland; with the medical center, it’s $6 billion. UMB employs 6,300 faculty and staff; with UMMC, our employee count is 14,500.

Capitalizing on our combined size and influence, we can aim for an even bigger impact on the neighborhoods we serve together and move the needle on the outcomes we care about most. The UMB/UMMC vision statement puts it this way: As the two largest anchor institutions on the west side of Baltimore, we will work in partnership with our neighbors to build and support a healthy, empowered, socially cohesive, and revitalized community.

We’ve identified four areas of focus for our efforts: Community Health; Economic and Community Development; Education and Youth Development; and Community Connections. These are areas that align with UMB’s community engagement priorities, and they’re areas where you’ll find substantial activity — on the part of both institutions — already underway. I’ll mention a few of our plans within each category, and I urge you to visit the Office of Community Engagement for a more comprehensive presentation delivered at my Quarterly Q&A last month.

For Community Health, we’ll launch an immunization campaign in partner schools to ensure that all children have their vaccinations by the start of the academic year. We’re exploring integrated violence prevention programming to reduce the devastating number of deaths among school-aged children in our neighborhoods. In time, we hope to initiate a joint effort to combat West Baltimore’s epidemics of childhood obesity and asthma, which we know contribute substantially to schoolchildren’s sick days citywide.

For Economic and Community Development, we’re identifying job categories at UMB and at UMMC that can benefit from local talent. In these positions, we’ll work toward a 10 percent increase in the number of new employees hired from West Baltimore. And for neighbors who need significant support to find jobs, we’ll connect them to wraparound services that might begin dismantling their barriers to employment.

This partnership also will expand a successful local purchasing program we initiated two years ago. With the medical center, we plan to direct more catering purchases to local restaurants, markets, and food vendors. Our goal this year is a $125,000 catering expenditure in targeted West Baltimore and Downtown West neighborhoods. Together, our goal for total new revenue generated in these neighborhoods — catering and other purchases combined — is $250,000, considerably more than our current local impact. Plus, we’ll help women-owned and minority-owned businesses increase their capacity and work with our purchasing systems and protocols so that, going forward, they can meet our procurement needs.

For Education and Youth Development, we’re focusing on reading proficiency in our partner schools. We’ll engage volunteers on both campuses to serve as one-on-one reading partners for students. For the mentoring programs we currently operate in West Baltimore, we’ll recruit at least 50 new mentors among our employees, so that we can keep growing this community of children who feel a powerful connection to our people and our mission.

The Community Connections piece is our pledge that we will continuously seek community consultation in our plans, and that we will rigorously communicate — internally and externally — about what we aim to do and why. So much of our effort right now is about building and strengthening relationships, earning the trust of our neighbors, and rewarding that trust with consistent, meaningful, and community-engaged action.

We’ve started with achievable goals. Over time they’ll grow more ambitious, as we learn what works and what doesn’t, and exactly where our impact is greatest. But already, I count a win — in that our two institutions have begun a process of thinking together, planning together, and working together to lift up the community we both call home. I owe a debt of gratitude to University of Maryland Medical Center President and CEO Mohan Suntha, MD, MBA, to his visionary leadership team, and to his deeply committed staff. I’m confident in the power of our partnership, and I look forward to updating you on the progress we make together.

Sincerely,

Jay A. Perman, MD
President

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Jay A. Perman, MD
President
LAURELS
NOVEMBER 2016

UNIVERSITYWIDE

Bonnie Bissonette, MA, director, UMB Student Center for Global Education, was elected vice president for public policy and practice at NAFSA: Association of International Educators. NAFSA is the nation’s largest nonprofit association dedicated to international education and exchange, with 10,000 members at 3,500 institutions worldwide, in over 150 countries. Virginia Rowthorn, JD, LLM, co-director, UMB Student Center for Global Education, and managing director, Law & Health Care Program in the law school, was appointed to the Education Committee of the Consortium of Universities for Global Health (CUGH), the country’s biggest academic global health organization. She will be a panel presenter at the CUGH annual conference in March on the topic “Global to Local Health.”

Security officer Frances Jones, who has patrolled the front desk of the School of Social Work for 31 years and serves as a daily example of professionalism and courtesy, was named UMB’s September Employee of the Month.

Bohyun Kim, MA, MSLIS, associate director for library applications and knowledge systems, Health Sciences and Human Services Library, wrote “Cybersecurity and Digital Surveillance Versus Usability and Privacy: Why Libraries Need to Advocate for Online Privacy,” which was published in College & Research Libraries News. She also has been invited to serve on the New Media Consortium’s Horizon Project Academic & Research Library Panel of Experts for the NMC Horizon Report: 2017 Library Edition.

Cody Sizemore, MBA, operations specialist at URecFit, is the Association of College Unions International (ACUI) exhibits and vendors coordinator for the Conference Planning Team for the Regional Conference in Pittsburgh. He also was appointed to the ACUI Regional Leadership Team as the corporate partnerships coordinator.

M.J. Tooey, MLS, AHIP, FMLA, associate vice president, Academic Affairs, and executive director, Health Sciences and Human Services Library, presented a paper on strategic planning in libraries at the Tri-Chapter meeting of the Medical Library Association (MLA) in Philadelphia. She also served on a leadership panel and delivered the lecture “Leadership Considered” at the MLA Southern Chapter meeting in Greenville, S.C.

SCHOOL OF DENTISTRY

Robert A. Ord, DDS, MD, MBA, FRCS, FACS, professor and chair, Department of Oral and Maxillofacial Surgery, has been named associate dean of professional development.

William Maxwell Wahle, resident in the Division of Prosthodontics, won first place in the Tylman Award Program from the American College of Prosthodontics (ACP) for his report “Radiographic Evaluation of All Ceramic Crown Margins” during the ACP annual session in San Diego, Calif.

Mariam Wyant, RDH ’16, Deborah Cartee, RDH, MS, assistant professor and junior clinical coordinator, Division of Dental Hygiene, and Jacquelyn Fried, RDH, MS, associate professor, Division of Dental Hygiene, were co-authors of “Communicating About Sensitive Subjects,” which was published in Dimensions of Dental Hygiene.

CAREY SCHOOL OF LAW

Mark Graber, JD, PhD, MA, Jacob A. France Professor of Constitutionalism, has been appointed as a University System of Maryland Regents Professor. With this distinguished honor, Graber becomes one of only seven such professors in the university system, and the only one to earn the title at the University of Maryland, Baltimore.


Five Maryland Carey Law alumnae were named 2016 Leading Women by The Daily Record, including: Amy Hennen, JD ’09, managing attorney, Maryland Volunteer Lawyer Service; Rachel Hirsch, JD ’06, senior associate, Ifrah PLLC; Talley H-S. Kovacs, JD ’09, attorney, Pessin Katz Law P.A.; Megan Davey Limarzi, JD ’02, inspector general, Maryland Department of Health and Mental Hygiene; and Jaymi Sterling, JD ’06, assistant state’s attorney, St. Mary’s County.

Michael Pappas, JD, associate professor, participated in the IUCN World Conservation Congress in Honolulu, Hawaii, on a panel addressing “Property Rights, Ecosystem Services, and Land Conservation: Using Property Law to Protect Private Protected Areas.”


In honor of the 10th Annual Constitution Day, Max Stearns, JD, Venable, Baetjer & Howard Professor of Law, moderated a panel titled “Election 2016 and the Structural Constitution,” at the school. Panelists included Larry Gibson, JD, professor, and Paula Monopoli, JD, Sol & Carlyn Hubert Professor of Law and director, Women, Leadership and Equality Program.

Donald B. Tobin, JD, dean and professor, presented the inaugural State of the School Address before an audience of staff, faculty, alumni, and UMB guests.
The following is a select list. For all the SOM laurels, visit www.somnews.umaryland.edu.

Toni Antalis, PhD, professor, Department of Physiology, Center for Vascular and Inflammatory Diseases, and Curt Civin, MD, associate dean for research, professor, Department of Pediatrics, and director, Center for Stem Cell Biology and Regenerative Medicine, have received a five-year, $2,501,301 competing renewal T32 training grant from the National Cancer Institute. This grant will continue support for the Training Program in Cancer Biology, launched in 2011, and will provide support for predoctoral and postdoctoral trainees at the Marlene and Stewart Greenebaum Comprehensive Cancer Center.

Amber Beitelshes, PharmD, MPH, assistant professor, Department of Medicine, Program in Personalized and Genomic Medicine, has been elected a fellow of the American College of Clinical Pharmacy. She also was among the co-authors on “A Genetic Response Score for Hydrochlorothiazide Use: Insights From Genomics and Metabolomics Integration,” which appeared in Hypertension.

France Carrier, PhD, associate professor, Department of Radiation Oncology, presented “Low-Dose Fractionated Radiation Therapy” and chaired a session at the International Conference on Nuclear Medicine and Radiation Therapy in Cologne, Germany.

Emily Bellavance, MD, assistant professor, Department of Surgery, was first author, and Laurence Magder, PhD, professor, Department of Epidemiology and Public Health, was a co-author on “Surgeons’ Perspectives of Contralateral Prophylactic Mastectomy,” which appeared in the Annals of Surgical Oncology.

Elizabeth Couser, MSW, Jennifer Howard-Doering, MPP, MSW, and Jing Xu, MA, all of the Gerontology Program in the Department of Epidemiology and Public Health, received the Gerontology Early Career Development Student Award.

Warren D’Souza, PhD, MBA, FAAPM, professor, Department of Radiation Oncology, is among the inventors of “Method for Monitoring the Accuracy of Tissue Motion Prediction from Surrogates,” which was recently issued a U.S. patent.

Wade Gaasch, MD, assistant professor, Department of Emergency Medicine, and Andrew Pollak, MD, the James Lawrence Kernan Professor and Chair, Department of Orthopaedics, received the U.S. Attorney General’s Citizen Volunteer Service Award during ceremonies in Washington, D.C. The award recognizes outstanding contributions to the mission of the U.S. Department of Justice and was presented to Gaasch and Pollak for their service as special deputy U.S. marshals and tactical medics during dangerous fugitive apprehensions in and around Maryland.

Isabel Jackson, PhD, assistant professor, Department of Radiation Oncology, received a one-year, $350,088 award from Aeolus Pharmaceuticals, Inc. for “Therapeutic Efficacy Screening of AEOL10150 in Murine Model: Determining Duration, Timing, Natural History and Mechanism of Action. Amendment #10.” She and Zeljko Vujaskovic, MD, PhD, professor, Department of Radiation Oncology, were among the co-authors on “A Survey of Changing Trends in Modeling Radiation Lung Injury in Mice: Bringing Out the Good, the Bad, and the Uncertain,” which appeared in Laboratory Investigation.
Dirk Mayer, Dr rer nat, associate professor, Department of Diagnostic Radiology and Nuclear Medicine, was awarded a four-year, $1,922,053 R01 grant from the National Institute of Diabetes and Digestive and Kidney Diseases to study “Metabolic Imaging of Nonalcoholic Fatty Liver Disease.” He also received a two-year, $423,750 R21 grant from the National Institute of Neurological Disorders and Stroke to study “Metabolic Imaging of Energy Metabolism in Traumatic Brain Injury Using Hyperpolarized 13C Pyruvate.” Together with Joseph Kao, PhD, professor, Department of Physiology, Mayer received another R21 grant — worth $369,098 over two years — for “Exploiting Altered Porphyrin Synthesis for Metabolic Imaging of Glioblastoma.”

Jacques Ravel PhD, professor, Department of Microbiology and Immunology, and associate director, Institute for Genome Sciences, was awarded a five-year, $2,489,438 grant from the National Institute of Nursing Research for “Elucidating Causes of Vaginal Symptoms Using a Multi-omics Approach.”

Two faculty members in the Department of Emergency Medicine have been elected to officer positions in the Academy for Women in Academic Emergency Medicine. Kinjal Sethuraman, MD, MPH, assistant professor, was elected as president-elect, and Wan-Tsu Wendy Chang, MD, assistant professor, was elected as its secretary.

Two students spent several weeks in Rocky Mountain National Park last summer, talking with hikers about avoiding emergencies and their preparedness in the event that one occurs. Michael D.T. Yue and David Spivey collected information from 379 hikers. Yue presented the results in “Rocky Mountain National Park Hiker Preparedness Survey.”
Does Wilderness Medicine Training Correlate with Preparedness for Injury and Altitude Illness?” at the 7th World Congress of Mountain & Wilderness Medicine, held in Telluride, Colo. Their faculty advisors and collaborators were Daniel Gingold, MD, MPH, clinical instructor, and Douglas Sward, MD, clinical assistant professor, both in the Department of Emergency Medicine.

**SCHOOL OF NURSING**

The school and the Laurel College Center (LCC) were awarded a three-year, $203,046 University System of Maryland (USM) Non-USM Regional Higher Education Centers Incentive Funding Request to support the expansion of educational opportunities for the RN-to-BSN students at LCC. This initiative will enable nurse educators to emphasize developing the essential public health skills necessary to prepare nurses to meet the needs of various patient populations.

Susan L. Bindon, DNP ’11, RN-BC, CNE, assistant professor, has been awarded the American Association of Colleges of Nursing’s (AACN) Excellence and Innovation in Teaching Award. The award recognizes excellence and innovation in the teaching of nursing at AACN member schools by faculty with more than five years of teaching experience.

Luana Colloca, MD, PhD, associate professor, was awarded the Patrick D. Wall Young Investigator Award at the International Association for the Study of Pain’s 16th World Congress on Pain in Yokohama, Japan. The award honors individuals at the beginning of their careers who have achieved a level of independence as scholars in the field of pain.

Dzifa Dordunoo, PhD ’14, RN, assistant professor; Louise S. Jenkins, PhD ’85, MS ’81, RN, FAHA, ANEF, professor and director of the Institute for Educators; Mei Ching Lee, PhD, MS, RN, assistant professor; Emelie Ludeman, MSLIS, research, education, and outreach librarian; Veronica Njie-Carr, PhD, RN, ACNS-BC, FWACN, assistant professor; and Nina Trocky, DNP, RN, NE-BC, CNE, assistant professor and associate dean, Baccalaureate Program, co-authored “An Integrative Review of Flipped Classroom Teaching Models in Nursing Education,” which was published in the Journal of Professional Nursing.

Debra A. Scrandis, PhD, CRNP, BC, associate professor, was named to the Nurse Practitioner Journal’s editorial board for 2016-18.

Alexander MacKerell, PhD, Grollman-Glick Professor of Pharmaceutical Sciences and director of the Computer-Aided Drug Design Center, received a U.S. patent for “Defensin-like Molecules as Novel Antimicrobial Agents.”

Jacqueline Milani, MS, MBA, CPP, director, Pharmaceutical Research Computing (PRC) center, was named UMB’s October Employee of the Month for her leadership and team spirit in helping PRC streamline its various processes to support impactful, inspired health services research.

Heather Neu, PhD, postdoctoral fellow, Department of Pharmaceutical Sciences, received first place in the UMB Postdoctoral Association’s Three Minutes in an Elevator Pitch Contest.
Frank Palumbo, PhD, JD, professor, Department of Pharmaceutical Health Services Research, and director, Center on Drugs and Public Policy, and co-authors received the 2016 Larry M. Simonsmeier Writing Award from the American Society for Pharmacy Law for the article “Navigating Through a Complex and Inconsistent Regulatory Framework: Section 503B of the Federal Food Drug and Cosmetic Act Outsourcing Facilities Engaged in Clinical Investigation.”

Brent Reed, PharmD, assistant professor, Department of Pharmacy Practice and Science, received the Outstanding Reviewer Award from the journal Pharmacotherapy.

Student Monica Tong received the 2016 American Society of Consultant Pharmacists Student Pharmacist of the Year Award.

Deanna Tran, PharmD, assistant professor, Department of Pharmacy Practice and Science, has been appointed chair of the Research Committee for the American Association of Colleges of Pharmacy’s Laboratory Instructors Special Interest Group and has been reappointed chair of the Maryland Pharmacists Association’s Communications Committee.

Bruce Yu, PhD, professor, Department of Pharmaceutical Sciences, and director, Bio- and Nano-technology Center, received a U.S. patent for “Electrostatically Controlled Hydrogels.”

Lisa Berlin, PhD, MS, associate professor, has received a one-year, $64,999 grant from the U.S. Administration for Children and Families to extend her Early Head Start-University Partnership, “Buffering Children from Toxic Stress Through Attachment-Based Intervention.”

The Council on Social Work Education’s Minority Fellowship Program (MFP) selected four SSW students as part of its Now is the Time: MFP-Youth Master’s Student Cohort. Recipients are Alyssa Budros, Rukiya Davis, Katie Esser, and Jason Woodford. Only 40 students nationwide were selected for this honor.
Caroline Long Burry, PhD, MSW, associate professor, presented at the 8th International Conference on Interprofessional Practice and Education at the University of Oxford, United Kingdom. The paper by her and her colleagues was based on a research study funded by UMB’s Global Health Initiative and was titled, “Five Professions, Two Countries, Six Students, and One Psychiatric Hospital: What Could Possibly Go Right?”

Samantha Hack, PhD, LGSW, volunteer research assistant professor, has received a five-year, $787,000 career development award from the Veterans Affairs Rehabilitation Research and Development Division. Mentored by Bruce DeForge, PhD, associate professor, Hack will work on the development of a patient-centered mental health intervention for recent veterans.

Clark Shah-Nelson, MA, assistant dean, instructional design and technology, received the 2016 Effective Practice Awards, Recognizing Effective Practices in Online Education by the Online Learning Consortium (OLC) for his work with colleagues on OLC’s Technology Test Kitchen.

The school recently received three grants from the U.S. Department of Justice (DOJ):

**Improving Outcomes for Child and Youth Victims of Human Trafficking: A Jurisdiction-Wide Approach** received a three-year, $3 million grant from the DOJ’s Office for Victims of Crime. Nadine Finigan-Carr, PhD, research assistant professor, is the principal investigator. The funds make possible the delivery and testing of a multi-disciplinary team response and victim-centered approach in a way that will make this response standard for trafficked youth across Maryland.

**West Baltimore Youth Violence Prevention Initiative** received a three-year, $1 million Edward Byrne Memorial Justice Assistance Grant. Bronwyn Mayden, MSW, assistant dean and executive director of Promise Heights, is the principal investigator. The grant will coordinate West Baltimore violence prevention efforts in Promise Heights and Sandtown Winchester.

**Assessing the Impact of a Graduated Response Approach for Youth in the Juvenile Justice System** received a two-year, $250,000 grant from the Office of Juvenile Justice and Delinquency Prevention. Jill Farrell, PhD, research assistant professor, is the principal investigator. This evaluation will rigorously test a structured, evidence-informed approach to address supervision violations, which are a major contributing factor to the incarceration of young people, particularly youth of color.

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**Board of Regents Staff Awards**

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**COATED WITH POTENTIAL**

*CURE Corner is an occasional feature with noteworthy updates from UMB’s CURE Scholars Program, a pipeline initiative that prepares West Baltimore children for health and research careers through hands-on workshops, lab experiences, and mentorship. UMB’s CURE scholars are the youngest ever to participate in the National Cancer Institute’s Continuing Umbrella of Research Experiences (CURE) national program.*

The second cohort of UMB CURE scholars joined the inaugural group in a festive white coat ceremony on Saturday, Oct. 1, in the School of Nursing auditorium.

The 26 newcomers from Franklin Square Elementary/Middle School, Southwest Baltimore Charter School, and Green Street Academy and 90 new mentors from the University of Maryland, Baltimore (UMB) schools of medicine, law, dentistry, pharmacy, nursing, and social work were welcomed by UMB President Jay A. Perman, MD.

Perman reminded the children, families, mentors, and supporters that talent is universal but opportunity is not. He cited remarks by a recent speaker on campus who observed that a person’s access to opportunity differs in the same way that a staircase or an escalator lifts one to the top.

“If you fall down an escalator, it doesn’t matter so much because an escalator won’t let you stay down.” It keeps rising, he said. “That’s what we’re building here today,” Perman said. “We’re building an escalator.”

That escalator hopefully will take city students excited about science into stable, well-paying careers in health care, breaking the cycle of poverty that is so prevalent in West Baltimore.

U.S. Rep. Elijah E. Cummings, JD, who grew up just blocks from UMB and has served in Congress since 1996, told the UMB CURE audience about illnesses such as diabetes and cancer that disproportionately affect African-American communities.

“A lot of times, out of our pain comes our passion to do our purpose,” he said. “If there’s anybody who will be most qualified to find the cure for cancer, it is these young people. They have probably seen the pain and they want to do something about it.”

Cummings, who is a 1976 graduate of the University of Maryland Francis King Carey School of Law, helped launch the CURE Scholars Program at UMB in 2015. Another dignitary who was present for both ceremonies was Sanya A. Springfield, PhD, director of the National Cancer Institute’s Center to Reduce Cancer Health Disparities.

To recognize their support, Perman, Springfield, and Cummings were presented with awards by UMB CURE Executive Director Robin Saunders, EdD, MS, and several eager helpers: CURE scholars who got their own white coats a year ago and are now seventh-graders.

Among them was Shakeer Franklin, who received a shoutout of his own for being the subject of a documentary about how CURE has kindled his interest in science and made him a better student at Franklin Square Elementary/Middle School. *Shakeer from West Baltimore*, by Oscar award-winning filmmakers Susan Hadary and John Anglim of MedSchool Maryland Productions (a division of the School of Medicine) has been released theatrically in Los Angeles.

To see more about the UMB CURE Scholars Program, visit its [website](#).

— Alex Likowski
CARR FITS IN NICELY AT UMB

Spend some time with Harold Carr III, a part-time employee in University Recreation and Fitness (URecFit), and several words come to mind. Driven. Dedicated. Engaging. Easygoing. Humorous.

One word that does not come to mind is shy. “Sometimes I think I talk too much,” Carr admits on the fourth floor of the SMC Campus Center where he works. “People smile so I just keep on rambling.”

That is a far cry from 2011 when Carr first came to UMB as a YouthWorks intern as part of the city’s eight-week summer program that UMB has been a part of for more than 25 years. “When I started at YouthWorks I didn’t really know how to talk to people,” Carr recalls. “I went to a high school that was strictly African-American. We had one white male. But since I came to YouthWorks and they put me in a situation where I see all shades, all colors, all cultures — it helped me grow.”

Carr has grown to the point where he works at URecFit 6 to 9 in the morning three days a week, and then goes to Coppin State University, where he is a senior majoring in criminal justice. He also has a part-time security job as he aspires to follow his family tradition as a police officer.

Camille Givens-Patterson, equal employment opportunity specialist in the Office of Accountability and Compliance, knew Carr was a keeper when she met him while he was attending Baltimore City Community College. “The one characteristic that set Harold apart was his personality,” she says. “He is constantly upbeat, positive, and extremely personable. He always sees the bright side of life. He takes advantage of every opportunity given him.”

So when he came to UMB and was assigned to URecFit he jumped into the work whether it was giving tours, ID access, checking the condition of the gym and locker room, or simply folding towels. He did it so well that when his YouthWorks internship was over, Meghan Bruce-Bojo, assistant director of client relations, wasted no time hiring him as a permanent part-timer. “Harold had a welcoming presence,” Bruce-Bojo recalls. “I couldn’t wait to hire him once YouthWorks ended for the summer.”

Before he got too comfortable, Carr was lectured about the importance of moving up and moving on by the rec center director Wanda Johnson, who would become his first mentor. “She said the max amount of time I want you to work here is a few years because I want to see you grow and I want to see you progress in life,” says Carr, smiling at the memory. “Miss Wanda is still working there to this day.”

And following her advice, Carr has moved on to Coppin State, a security job, and UMB, where he is grateful to have found mentors like Givens-Patterson, Bruce-Bojo, Fash McKnight (formerly of URecFit), Jole’ Gibson (Interprofessional Student Learning & Service Initiatives), and Nicole Freeman (University of Maryland Medical Center). “I molded all the information they gave me and took it in to build my own little castle,” Carr says.

In addition to a flexible schedule and great mentors, the URecFit job has other side benefits. “I get to use the facilities,” says Carr, whose muscular frame shows he works out there often. What’s his favorite piece of equipment? “Dumbbells, you can’t go wrong with dumbbells,” Carr says with a huge smile.

It’s that smile that has won over his colleagues. Bill Crockett, MS, RCRSP, executive director of URecFit, calls Carr “the most engaging guy I’ve ever met.”

And to think, UMB wouldn’t have known Carr if not for YouthWorks. “I am so proud of Harold Carr,” says Givens-Patterson. “This is what YouthWorks is all about.”

The hands-on, work readiness program coordinated by the Mayor’s Office of Employment certainly has allowed this Carr to change lanes. “I definitely would recommend YouthWorks,” he says. “I give them an A-plus!”

— Chris Zang
Usually “falling back” to coincide with the end of daylight saving time is seen as a positive thing. “Great! I can sleep an extra hour,” most of us think.

But when the clocks change on Nov. 6 this year, please practice some caution as well. For studies show that during such time changes there is an increase in safety incidents.

Evening rush hour, enveloped by darkness once the clocks change, is a particular culprit. Drivers aren’t used to the decreased visibility and neither are pedestrians, who might take chances crossing streets when they shouldn’t.

One study found that pedestrians walking around at dusk are nearly three times more likely to be struck and killed by cars in the days following the end of daylight saving time than just before the time change. Another study calculated the risk per mile walked for pedestrians and found the risk jumps 186 percent from October to November.

The National Road Safety Foundation notes that commuting in the dark also can make drivers drowsier than usual. With many in our 24/7 society already sleep-deprived, the time change exacerbates the problem.

Cpl. J.R. Jones, safety awareness officer in UMB’s Department of Public Safety, reminds us that the UMB police escort service is available and usually sees greater use once daylight saving time ends.

Van service was expanded last year to include all of Ridgely’s Delight and stretches to Schroeder Street on the west, Franklin Street on the north, Park Avenue on the east, and Washington Boulevard on the south. The service operates from 3 p.m. through 1 a.m., with two seven-passenger vans available during peak hours between 5 p.m. and 1 a.m., 365 days a year. (Walking escorts are available 24 hours a day, seven days a week.)

“Whenever you are afraid or don’t feel safe on campus, our duty is to ease those fears,” says Jones. “If it’s dark and you are uncomfortable, simply call 6-6882 on a campus telephone [410-706-6882 on other phones] and a uniformed officer will be sent to your location.”

Public Safety and Parking and Transportation Services remind everyone to keep the following in mind with it being dark sooner:

1. Be aware of your surroundings
2. Don’t walk and talk on your cell phone
3. Use the walking/van escort service
4. Walk with at least one other individual

If you have other parking or safety concerns, please visit the UMB police feedback web page or the parking services web page.

— Sarah Reback and Chris Zang