Water Safety

The best way to practice water safety is to RESPECT the water! It’s as simple as that!

R-Recognition
E-Education
S-Supervision
P-Physical barriers
E-Expectations
C-Communication
T-Training

In Maryland
- Drowning was the 2nd leading cause of death for children aged 0-4 in 2015.
- There were a total of 48 drowning related deaths and 19 (39.6%) of those were among the 45-64 age group.
- A total of 139 people were treated in emergency departments in 2015. Thirty percent (40) of them were children aged 4 and under, and 22% (30) were between 5-14 of age.

Supervision
Direct, constant supervision is key

Physical Barriers
Provide fencing, safety covers, alarms, and life jackets

Expectations
Understand what to expect from the aquatic environment, and the body’s response, know your limits

Communication
Wear and inform family, friends, and guests about the dangers that are present in, on, and around the water.

Water Safety Tips

POOL RULES

Training
Learn to swim and how to respond to an emergency