

Recapturing Days Spent Outside the US for H-1B Extension

The below chart template will need to be completed and you will need to attach evidence of the dates you were outside the United States. Recapturing time requires evidence of the date you departed the U.S., and the date you reentered. Flight itineraries work best for this purpose, but entry and departure stamps can be used as well.

Please upload an updated version of this sample with your evidence to the Prospective H-1B Employee Information eform or email it to ois-info@umaryland.edu if you have any issues uploading it to the eform. The OIS will review and make necessary changes to the chart and include it in the H-1B petition along with the evidence provided.

Days spent outside the United States

Start date	End date	Number of days outside U.S.	Evidence
3/6/2009	3/28/2009	22	<p>Page 1: Flight itinerary British Airways showing arrival in London on 3/6/09</p> <p>Page 2: Reentry stamp to U.S. (3/29/2009)</p>
12/26/2009	1/15/2010	20	<p>Page 3: Flight itinerary showing arrival in London on 12/26/2009</p> <p>Page 4: U.S. CBP travel history showing reentry to U.S. on 1/16/10</p>
11/22/2010	12/4/2010	12	<p>Page 4: U.S. CBP travel history showing departure from U.S. on 11/21/10</p> <p>Page 5: U.S. CBP travel history showing reentry to U.S. on 12/5/10</p>
8/21/2011	9/23/2011	33	<p>Page 5: U.S. CBP travel history showing departure from U.S. on</p>



UNIVERSITY of MARYLAND
THE FOUNDING CAMPUS

			8/20/11 and reentry to U.S. on 9/24/11
3/22/2013	4/20/2013	29	Page 6: Entry stamp to Chennai airport (3/22/2013) Page 5: U.S. CBP travel history showing reentry on 4/21/2013
5/9/2014	6/2/2014	24	Page 7: Flight itinerary British Airways showing arrival in London on 5/9/14 Page 5: U.S. CBP travel history showing reentry to U.S. on 6/3/14

Total Days Spent Outside U.S.:

140