J-1 Scholar Online Check-In

If you have arrived in the U.S., you may elect to check-in online in Sunapsis instead of visiting our office to complete the paper process.

If you experience any technical difficulty, please contact ois-info@umaryland.edu

1. Go to https://sunapsis.umaryland.edu
2. Select ‘Limited Services’
3. Log-In with the University Identification Number, your Date of Birth, and the Limited Access Pin that are provided in the e-mail you received instructing you on this process.

4. Select the Orientation tab of the left menu.
5. Select the ‘New J-1 Scholar Check-In’ link.

6. Complete and submit the e-form. Reminder, you may only complete this form once you have arrived in the United States.

7. If you have already arranged your health insurance, you should next complete the J-1 Health Insurance form. You need to complete the J-1 Health Insurance Form within the first 15 days of your J-1 program.