President’s Student Leadership Institute
Integrative Health & Wellbeing Path
2019-2020 Schedule

Core Requirements
- Orientation (9/24 12pm, 9/25 12pm, 9/26 1pm)
- Rethinking the CV/Resume (10/8 12pm, 2/12 1pm, 2/13 12pm, 3/31 12pm)
- Measuring Success (11/15 12pm, 11/20 1pm, 3/2 12pm, 3/27 12pm)
- Understanding Community Service (10/24 12pm, 10/29 12pm, 11/13 1pm, 2/3 1pm)
- Poverty Simulation: Morning or Afternoon Sessions (10/17 9am & 1pm, 11/8 8am & 1pm, 2/14 8am & 1pm, 3/12 8am & 1pm)
- President’s Symposium (9/11 4pm, 11/4 4pm, 2/12 4pm, 3/10 4pm)
- PSLI Service Requirement (Due: 4/1)
- PSLI Reflection Paper (Due: 4/12)

Elective Credits
- 7 Habits of Highly Effective People (11/4 12pm and 2/7 1pm)
- Adapting Our World Through Technology (11/18 12pm)
- Building Resilience Through Mindful Self-Compassion (1/21 12pm)
- Burnout: Managing Well-Being (2/17 12pm)
- Career Development Graduate Panel (2/18 12pm)
- Creating a Vision Board (12/3 12pm)
- Death Café (3/26 4:30pm)
- DisAbility: Inclusion & Access (10/7 12pm)
- Etiquette Dinner (4/2 4pm)
- Happy Leaders (10/23 12pm)
- Health Information & Resources for Culturally Diverse Patient Populations (3/3 12pm)
- Health Trends for Grad Students & Future Health Professionals (10/7 12pm)
- Healthy Meal Planning for the Busy Student (10/23 5pm)
- Interprofessional Interview Day (2/20 12pm)
- Language Access in the Health & Human Service Professions (10/15 12pm)
- My Healthcare Provider: My Ally (4/20 12pm)
- One Love Training (11/5 12pm)
- Reframing Disability (4/20 12pm)
- Relationship Status: It’s Complicated (2/11 12pm)
- Religion & Spirituality in Patient Centered Care (2/25 1pm and 4/21 12pm)
- Sleep Soundly (11/14 12pm)
- Student Panel Discussion (3/12 12pm)
- Survive to Thrive: Achieving Academic-Life Balance (2/17 12pm)
- Understanding Gender Diversity (10/1 12pm)
- What is Privilege & How Do I Leverage It (11/1 12pm)
- Working on Your Networking: Professional Relationship Building (2/10 12pm)

Non-Credit Events
- Student Leadership Reception (5/1 4pm)