



UNIVERSITY OF MARYLAND
SUMMER 2023/FALL 2023/SPRING 2024
FEDERAL WORK-STUDY SUPERVISOR'S STUDENT REQUEST

(Supervisor's On-line Orientation and Supervisor Acknowledgement Checklist must also be completed) <http://www.umaryland.edu/workstudy>

TO PARTICIPATE IN THE FWS PROGRAM THERE MUST BE A SUPERVISOR AND AN ALTERNATE SUPERVISOR

Please attach a job description for this FWS position.

Could this work-site be considered as Community Service? Yes ___ No X

UMB Department URecFit and Wellness
(Full Name of Department)

Off-Campus Agency _____
(Full Name of Agency- For Off-Campus Positions Only)

Address SMC Campus Center 621 West Lombard Street, Baltimore MD, 21201

Telephone 410-706-5752

Fax No. 410-706-1472

Work Study Supervisor's Full Name Eric M. Barron

Work Study Supervisor's Title Associate Director

E-mail Address eric.barron@umaryland.edu

Alternate Supervisor's Full Name Jimmy Mszanski

Alternate Supervisor's Title Senior Assistant Director

E-mail Address jmszanski@umaryland.edu

Job Title Group Exercise/Personal Trainer

Job Function: ___ Technical ___ Administrative ___ Research Lab ___ Research Clinical ___ Tutor X Program Admin.

Completion of this request form does not guarantee the department/agency will have a Federal Work-Study student employee. The person who signs this form must also sign the student's Job Certification Form and approve the biweekly payroll timesheets. If a student exceeds their maximum FWS award, the supervisor's department is responsible for paying 100 percent of the over award.

Return completed form to:

E-Mail: FWS@umaryland.edu

Phone: 410-706-7347

Office of Student Employment; University Of Maryland, Baltimore; 601 W. Lombard St, Suite 221;
Baltimore, MD 21201

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Group Fitness Instructor

Job Description

Department: University Recreation & Fitness (URecFit)

Schedule: Temporary/Non-benefited

Shift: Varies. Mostly weekday with evening and weekend work required.

Hours: Department Specific

Type: Non-exempt

Compensation: See matrix

PRIMARY DUTIES

Under the supervision and direction of the Senior Assistant Director for Fitness:

1. Develop safe and effective exercise classes for groups at various fitness levels.
2. Plan routines, select music and choose appropriate movements for various muscles.
3. Offer useful, tactful and safe advice to individuals regarding their class participation and use of equipment.
4. Provide safe and effective instruction of equipment during class.
5. Conduct consultations as needed and assess the training need of each participant.
6. Maintain fitness equipment as needed and report unsafe conditions.
7. Attend all in service trainings and meetings.
8. Seek client feedback continuously.

MINIMUM QUALIFICATIONS

- High School Diploma or GED. Kinesiology, Sports Medicine or related Bachelor's degree preferred.
- ACE, ACSM, AFAA, CSCS, NASM or comparable Group exercise certification (must keep current)
- Applicants must pass a background check.

REQUIRED SKILLS AND ABILITIES

- Outstanding communication, interpersonal and customer service skills.
- Knowledge of safe exercise technique and group exercise principles.
- Ability to operate and troubleshoot audio equipment.
- Ability to prepare routine administrative paperwork.
- CPR & AED certified or willingness to obtain.

To be considered for this position, please forward your resume to: Jimmy Mszanski at jmszaski@umaryland.edu

The University of Maryland, Baltimore is an Equal Opportunity/Affirmative Action Employer. Minorities, women, veterans and individuals with disabilities are encouraged to apply.