The purpose of this presentation is to introduce some of the informatics tools and services available to all UMB faculty. It will be directed towards trainees and early-stage researchers from all the UMB schools. We will focus on three services: the Research HARBOR, TriNetX, and REDCap. We will provide an overview of each, along with some tips and tricks to improve the quality of your next research project while making it faster, easier, and cheaper.