

Season's Greetings

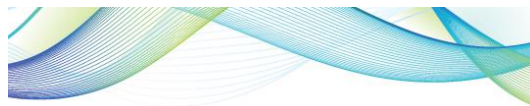


Happy Holidays! We wish you peace and happiness in 2021. Most of us operated on the fly in 2020-- we want to make sure you stay grounded in the New Year with hope and joy.

As a token of our warmest wishes, we are including a free, [online gratitude journal](#) to ease anxiety and encourage positivity. You can print them out or grab a journal to write in.

We are looking forward to seeing you next year. Please stay healthy and safe!

Wishing you well-being for the New Year,
Launch Your Life Team



LAUNCH
YOUR LIFE