Student International Travel Checklist

**UMB’s International Travel Forms**

- Complete [UMB’s International Travel Request Form](#).
- Learn more about the travel request form process [here](#).

**Travel Logistics**

- All UMB international travelers are required to book international travel through a [UMB-approved Travel Agent](#).

**Passport**

- Ensure your passport is valid for at least six months beyond the end date of your travel (required by many countries).
- U.S. Passport information is available at [U.S. Department of State passport information](#).
- You can find locations for submitting passport applications at the US State Department’s [Passport Acceptance Facility Search Page](#).

**Visa(s)**

- Check the visa requirement for each country you are visiting and traveling through.
- Visa requirements may vary, so confirm you have the correct paperwork and follow the instructions of that particular embassy or consulate.
- Apply for visas through [international consulates and embassies](#).
- **International Students**: Check with the [Office of International Services](#) before traveling outside the United States. Be aware that it may take non-U.S. citizens longer to obtain a visa, so research this information early in your planning.

**International SOS Travel Assistance Program**

- Register your trip with [International SOS](#).
- Print out the membership card from UMB’s portal page for International SOS.
☐ Read the provided information on the host country.

☐ Download the International SOS app for immediate access to service from your mobile phone while traveling.

☐ Enter UMB’s membership number from the card into the app to active your account.

☐ Review the International SOS presentation to learn about its services.

**Travel Medicine Practice and Health Information**

☐ Check immunization requirements for each country you are visiting.

☐ Make an appointment with UMB’s Travel Medicine Practice for country medical information and vaccinations.

**Recommended: U.S. State Department Resources**

☐ Check the State Department’s Traveler’s Checklist for traveling advice.

☐ U.S. citizens are strongly encouraged to register your trip with the State Department’s Smart Traveler Enrollment Program (STEP) before you leave.