

Become a Preparedness Pro

Complete all five trainings to earn your digital credential



EMERGENCY PREPAREDNESS

Identify evacuation routes, where to seek shelter, nearby emergency equipment, and more.



umbsafe.org/emprep



umbsafe.org/aaprep

ACTIVE ASSAILANT PREPAREDNESS

Learn when to run, hide, or fight and what to expect when police arrive.



CPR/AED

Learn how to recognize and help a person in cardiac arrest.



umbsafe.org/aed

OR



NALOXONE

Learn how to administer life-saving medicine to reverse opioid overdose.



umbsafe.org/naloxone



umbsafe.org/firetraining

FIRE EXTINGUISHER

Learn about the function, types of fire extinguishers, and practice using one.



STOP THE BLEED

Learn how to control life-threatening bleeding from a serious injury.



umbsafe.org/stb



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